Ks3 PE Curriculum 2024-2025

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|  | Year 7 | Year 8 | Year 9 |
|  | Knowledge and skills development  | Outwitting opponents and implementing rules | Game play and tactical development  | Enrichment |
| Cycle 1 | * **Developing technique and performance**
* **Replicate accurate movement**
* **To develop precision, control and accuracy**
* **To understand basic rules and use them within a game**
* **Basic leadership skills with teachers support**

Assessment:Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely.**Careers** – sports judges/officials, referees, PE teacher | * **Outwitting opponents**
* **Encouraging team work**
* **To develop fluency of the skills learnt**
* **Adhere to the rules within a condition/ competitive game**
* **Leadership skills with clarity, volume and presence.**
* **Decision making**

Assessment:Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely.**Careers** – sports judges/officials, referees PE teacher | * **Analysing performance**
* **Embedding technique into a competitive game**
* **Focus on developing tactics, set play**
* **Developing skills as a leader and official – officiating games with support**

Assessment:Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely.**Careers** – sports judges/officials, referees PE teacher | FootballNetballRugby Trampolining Fitness clubDance Basketball |
| Cycle 2 | * **Developing technique and performance**
* **Replicate accurate movement**
* **To develop precision, control and accuracy**
* **To understand basic rules and use them within a game**
* **Basic leadership skills without teachers support with accurate demonstration**

Assessment:Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely.**Careers** – Coaches, personal trainers, managers | * **Outwitting opponents**
* **Encouraging team work**
* **To develop fluency of the skills learnt**
* **Adhere to the rules within a condition/ competitive game**
* **Leadership skills – teacher to direct a leadership role within the activity**
* **Decision making**

Assessment:Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely.**Careers** – Coaches, personal trainers, managers | * **Analysing performance**
* **Embedding technique into a competitive game**
* **Focus on developing tactics, set play**
* **Developing skills as a leader and official – leading own activities and feeding back.**

Assessment:Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely.**Careers** – Coaches, personal trainers, managers  | FootballNetballRugby Trampolining Fitness clubDance Basketball |
| Cycle 3 | * **Developing technique and performance**
* **Replicate accurate movement**
* **To develop precision, control and accuracy**
* **To understand basic rules and use them within a game**
* **Basic leadership skills with clarity, volume and presence.**

Assessment:Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely.**Careers** – Health safety officer, officials, umpires, athletes | * **Outwitting opponents**
* **Encouraging team work**
* **To develop fluency of the skills learnt**
* **Adhere to the rules within a condition/ competitive game**
* **Leadership skills – to lead a starter activity**
* **Decision making**

Assessment:Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely.**Careers** – Health safety officer, officials, umpires, athletes | * **Analysing performance**
* **Embedding technique into a competitive game**
* **Focus on developing tactics, set play**
* **Leadership skills - To be able deliver aspects of the lesson and to officiating with clarity and presence**

Assessment:Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely.**Careers** – Health safety officer, officials, umpires, athletes | Cricket RoundersAthletics  |