Ks3 PE Curriculum 2024-2025

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|  | Year 7 | Year 8 | Year 9 | | | |
|  | Knowledge and skills development | Outwitting opponents and implementing rules | Game play and tactical development | Enrichment | | |
| Cycle 1 | * **Developing technique and performance** * **Replicate accurate movement** * **To develop precision, control and accuracy** * **To understand basic rules and use them within a game** * **Basic leadership skills with teachers support**   Assessment:  Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely.  **Careers** – sports judges/officials, referees, PE teacher | * **Outwitting opponents** * **Encouraging team work** * **To develop fluency of the skills learnt** * **Adhere to the rules within a condition/ competitive game** * **Leadership skills with clarity, volume and presence.** * **Decision making**   Assessment:  Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely.  **Careers** – sports judges/officials, referees PE teacher | * **Analysing performance** * **Embedding technique into a competitive game** * **Focus on developing tactics, set play** * **Developing skills as a leader and official – officiating games with support**   Assessment:  Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely.  **Careers** – sports judges/officials, referees PE teacher | Football  Netball  Rugby  Trampolining  Fitness club  Dance  Basketball | | |
| Cycle 2 | * **Developing technique and performance** * **Replicate accurate movement** * **To develop precision, control and accuracy** * **To understand basic rules and use them within a game** * **Basic leadership skills without teachers support with accurate demonstration**   Assessment:  Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely.  **Careers** – Coaches, personal trainers, managers | * **Outwitting opponents** * **Encouraging team work** * **To develop fluency of the skills learnt** * **Adhere to the rules within a condition/ competitive game** * **Leadership skills – teacher to direct a leadership role within the activity** * **Decision making**   Assessment:  Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely.  **Careers** – Coaches, personal trainers, managers | * **Analysing performance** * **Embedding technique into a competitive game** * **Focus on developing tactics, set play** * **Developing skills as a leader and official – leading own activities and feeding back.**   Assessment:  Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely.  **Careers** – Coaches, personal trainers, managers | Football  Netball  Rugby  Trampolining  Fitness club  Dance  Basketball | | |
| Cycle 3 | * **Developing technique and performance** * **Replicate accurate movement** * **To develop precision, control and accuracy** * **To understand basic rules and use them within a game** * **Basic leadership skills with clarity, volume and presence.**   Assessment:  Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely.  **Careers** – Health safety officer, officials, umpires, athletes | * **Outwitting opponents** * **Encouraging team work** * **To develop fluency of the skills learnt** * **Adhere to the rules within a condition/ competitive game** * **Leadership skills – to lead a starter activity** * **Decision making**   Assessment:  Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely.  **Careers** – Health safety officer, officials, umpires, athletes | * **Analysing performance** * **Embedding technique into a competitive game** * **Focus on developing tactics, set play** * **Leadership skills - To be able deliver aspects of the lesson and to officiating with clarity and presence**   Assessment:  Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely.  **Careers** – Health safety officer, officials, umpires, athletes | | Cricket  Rounders  Athletics |